

Curriculum Vitae

Crossfit Antwerpen, **level 1 crossfit coach**, Antwerpen, 2012-2020
Kine+, **Kinesitherapeut**, Wilrijk, 2012-2017
Royal Victory Hockey Club Dames 1, **Kinesitherapeut**, Edegem, 2014-2015
Elite Athletes, **Physio/acupuncturist**, 2017-2019
Kaizen Project (oprichter), **Therapy & Workshops**, 2017-heden

Cursussen/bijscholingen:

An Cools, **Scapulaire revalidatie in relatie tot schouderklachten bij de bovenhandse, sporter: wetenschappelijke rationele en klinische relevantie**
Merksem, 2011
Master of science in de Revalidatiewetenschappen en Kinesithérapie,
2005-2012, Antwerpen, Artesis Hogeschool Antwerpen
Crossfit level 1 trainer course, Twente (NL), 2012
David Bombeke, **Redcord Neurac 1&2**, Beveren, 2012-2014
Sean Lind & Julie Barnes Maurer, **Crossfit gymnastic trainer course**, Nieuw
Vennep (NL), 2013
Jami Tikkanen & Kelly Starret, **Crossfit Movement & Mobility Trainer Course**,
Brussel, 2014
Renée Claessens, **Mulligan concepts**, Brasschaat, 2014
Dr. Paul Lam, **Tai Chi for Arthritis: Instructor workshop TCA**, KU Leuven,
2014
Dan John, **Intervention**, Crossfit Antwerpen, 2014
Jan Verberck, **Neurostructural Integration Technique**, Diest, 2014
Robbie Billen, **Running Smart Workshop**, Heverlee, 2014
Ido Portal, **Movement X**, Amersfoort (NL), 2014
Ido Portal, **Online Coaching** Student, juli - oktober 2014
Benjamin Ball, **Integrale Coaching Your Coach**, Gent, 2015
Tristan Kobayashi, **Gymnastics Strength and Mobility**, EA Facility 2015
Yuri Marmarstein, **Handstand and Bodyweight Strength**, EA Facility 2015
Jozef Frucek & Lubomir Kadnar, **Fighting Monkey: Building Earthquake
Architecture To Become A Better Mover**, EA Facility 2015
Functional Range Conditioning Mobility Speciality Course (FRCms, Andreo
Spina), EA Facility 2015
Ido Portal, **European Movement Peak**, Copenhagen, 2015
Traditional Chinese Medicine, postgraduaat acupunctuur, OTCG, 2015-2018
Business & Life Boost, Businesslab, 2017-2018
Business & Life Breakthrough, Businesslab, 2018-ongoing
Chris Leong Method: tit Tar, CLM, Malaysia Kuala Lumpur, 2018-ongoing
KK Lam, **Reiki level 1**, HongKong, 2018
Joey Yap, **Joey Yap's BaZi Academy 2020**, 2020-ongoing
Jan Eeckhout, Vic Wouters, **Medische QiGong**, OTCG, 2020-2021
Bonnie Rooms, **Chinese Massageleer Tuina**, ICZO, 2021
Jon & Missy Butcher, **Lifebook**, Mindvalley, 2019

Jon & Missy Butcher, ***Lifebook mastery***, Mindvalley, 2019

Marisha Peer, **Rapid Transformational Hypnotherapy for Abundance**,
Mindvalley, 2020

Philip & Martina Chubb, ***Mindful Mover online coaching***, 2020-ongoing